

Laura McShane

## Color Monster 35 min

### Objective:

Work with preschoolers to understand their body and emotions--summer story time

### Big Idea:

Colors help kids express their feelings

## 1. Warm Up / Anticipatory 5 min

Opening/Closing song- Hello Friend

<https://www.youtube.com/watch?v=tKCGF2hvg3I>

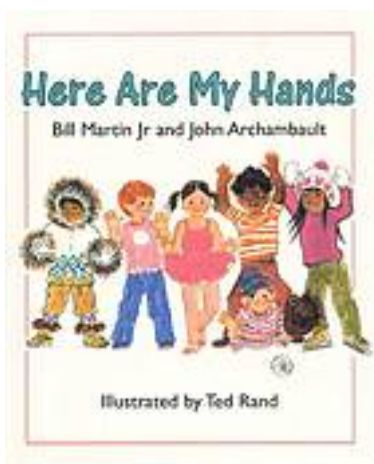
Hello, friends. (x3) It's time to say hello. Goodbye, friends (x3) It's time to say goodbye.

### Resources

- Hello Friend <https://www.youtube.com/watch?v=tKCGF2hvg3I>

## 2. Investigation and New Learning 20 min

Big Book: [Here are My Hands](#) by Bill Martin and John Archambault



Slowly introduce - color scarves to the kids. Red, orange, yellow, green, blue, violet. Work on color recognition, left hand/right hand, up/down, round and round - I use a variation of Jbrary's:

<https://www.youtube.com/watch?v=pv2NC2kSWOY>

Rainbow dancers let's get ready Hold your scarves nice and steady. You'll hear the colors of the rainbow. Listen for your time to go. Shake red... Shake orange... Shake yellow... Shake green... Shake blue... Shake purple... Red scarves turn around, Orange scarves up and down. Yellow scarves reach up high, Green scarves fly, fly, fly. Blue scarves tickle your nose, Purple scarves touch your toes. Everybody dance around, Swirl your scarves up and down. Shake purple... Shake blue... Shake green... Shake yellow... Shake orange... Shake red... Rainbow dancers dance around, Scarves swirl up and down. Our colorful dance is at an end. Thank you, thank you, all my friends.

Follow the activity with [The Color Monster A Pop-up](#) Book of Feelings by Anna Llenas



Close session w/optional art activity and/or goodbye song: Goodbye, friends (x3) It's time to say goodbye.

## Resources

- Rainbow Scarve Song <https://www.youtube.com/watch?v=pv2NC2kSWOY>

## 3. Review & Check for Understanding 30 min

Optional art activity : hand tracing